

**Olive leaf extract (Oleavita) suppresses inflammatory cytokine production and NLRP3
inflammasomes in human placenta**

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Supplementary Data

Materials and methods

Copy number of Mitochondrial DNA

Human placentae were obtained from a total of five women and extracted mitochondrial
DNA using a mtDNA Extractor CT kit (Nippon Gene Company, Limited, Toyama, Japan) according
to the manufacturer's instructions. Then, mitochondrial copy number was determined using a Human
Mitochondrial DNA monitoring primer set (Takara, Shiga, Japan) according to the manufacturer's
instructions using the CFX ConnectTM Real Time PCR (Bio-Rad, Hercules, CA).

Real-time RT-PCR for mitochondrial function-related genes

Total RNA, RNA extraction and cDNA production were performed as described method. Real-time
RT-PCR was performed using the CFX ConnectTM Real Time PCR and a commercial kit to detect
mRNA expressions of *PGC1a*, *mitofusion (MFN) 1*, *MFN2*, *optic atrophy 1 (OPA1)*, *dynamin-
related protein 1 (DRP1)*, *superoxide dismutase (SOD) 1*, or *SOD2*. The following antisense and
sense primers were used: *PGC1a* (5'- CTCAAATATCTGACCACAAACGATGACCCTC -3' and
5'- GTTGTGTTGGTTTGGCTTGTAAGTGTGTGAC -3'), *MFN1* (5'-

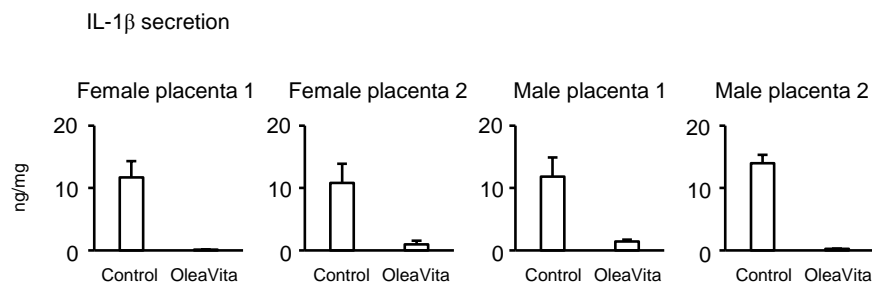
TGTTTTGGTCGCAAACTCTG -3' and 5'- CTGTCTGCGTACGTCTTCCA -3'), *MFN2* (5'-
AGCTGGACAGCTGGATTGAC -3' and 5'- GCTTTTCCGTCTGCATCAGG -3'), *OPA1* (5'-
TGCCTGACATTGTGTGGGAA -3' and 5'- CTTCCGGAGAACCTGAGGTAA -3'), *DRP1* (5'-
TGCTTCCCAGAGGTACTGGA -3' and 5'- TCTGCTTCCACCCCATTTTCT -3'), *SOD1* (5'-
AATGGACCAGTGAAGGTGTGGGG -3' and 5'- CACATTGCCCAAGTCTCCAACA -3'), and
SOD2 (5'- ATGTTGAGCCGGGCAGTGTG -3' and 5'- GTGCAGCTGCATGATCTGCG -3'). The
amplification program consisted of a 5 min denaturation at 95°C followed by 40 cycles of
amplification (95°C for 15 sec, 60°C for 30 sec, and 72°C for 20 sec). Expression levels of each
target gene were normalized to corresponding GAPDH threshold cycle (CT) values using the $\Delta\Delta CT$
comparative method ²⁵.

Results

Effects of OleaVita on IL-1 β secretion depending on the sex in human placental tissues

We examined the difference of placental sex for effects of OleaVita using human placental tissue
cultures. As shown in Sup. Figure 1, OleaVita inhibited IL-1 β in the same manner in both male and
female placentas, indicating the no sex dependent effect on placenta in the present study.

Supplementary Figure 1



Effects of OleaVita on mitochondria in human placental tissues

We examined the effects of OleaVita on mitochondrial function using healthy human
placental tissue cultures. Mitochondrial DNA copy number did not affect by treatment with OleaVita

(Sup. Fig. 2A). Treatment with OleaVita significantly mRNA expression of PGC1 α , MFN1, OPA1, and DRP1, whereas mRNA expression of MFN2, SOD1, and SOD2 were up-regulated (not significant) by treatment with OleaVita in human placental tissues (Sup. Fig. 2B-H).

Supplementary Figure 2

